Dear International Gauchos,

Every November, colleges and universities throughout the U.S. celebrate International Education Week (IE Week). This initiative led by the U.S. Department of State and the U.S. Department of Education gives us the opportunity to celebrate our international students and scholars. Indeed, international education and global exchange lead to a more prosperous world.

Please join us in thanking our international community for their vast cultural and academic contributions to our campus. Read on to see how you can participate in IE Week this year!

In community,
The Office of International Students & Scholars
Speaking of International Education Week... More models are needed for the Showcase of Cultures: Fashion Show!

The call for models (participants) deadline has been extended to November 4th!

Calling all Culture Enthusiasts, Fashionistas & Models!

International Education Week

Showcase of Cultures: Fashion Show
Nov 18th 7-8:30PM

We’re currently recruiting models to showcase cultural clothing, jewelry, dress attire, etc. Open to all UCSB students, staff and faculty!

Scan QR code to register by 11/4/22

UC SANTA BARBARA
Office of International Students & Scholars

CLAS
Engaged • Resilient • Global
OISS EVENTS

International Education Week

IEW is November 14th - 18th!
Search International Education Week on Shoreline for a list of all campus wide IEW events!

JOIN OISS AS WE KICK OFF INTERNATIONAL EDUCATION WEEK 2022
BY CELEBRATING COUNTRIES & CULTURES THAT MAKE UCSB A
DIVERSE & WELCOMING CAMPUS.

INTRAMURAL SOCCER WORLD CUP
ONLINE BRACKET CHALLENGE
NOV 14 8AM - NOV 18 4PM

"THIS IS ME/US" -
A CULTURAL OPEN MIC
12PM - 1PM
STORK PLAZA

BETWEEN F-1 & J-1 VISAS:
INFORMATIONAL ON H-1B & GREEN CARDS
2PM - 3:30PM
SRB MULTIPURPOSE ROOM

POTLUCK DINNER PARTY FOR
GRADUATE STUDENTS
6PM - 8PM
GRADUATE STUDENT LONGUE

A TASTE OF
CALIFORNIA (BURRITOS)
2:30PM - 3:30PM
SAN CLEMENTE COMMUNITY ROOM

SHOWCASE OF CULTURES:
FASHION SHOW
7PM - 8:30PM
THE HUB
OISS RECOMMENDS

International Student Association (ISA) invites you to their Annual Yosemite Trip

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OISS EVENTS

English Conversation Program

ECP is looking for volunteers to help lead our class sessions. If you or someone you know would be interested in getting involved with the international community and leading a class/conversation session, please have them fill out our volunteer interest form here: https://forms.gle/A6msXz1YJsxhR58m7.

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OISS UPDATES

Graduate Students!
OISS will have an International Student Advisor present during the GSA Bagel Hours!

DAYLIGHT SAVINGS ENDS
Make sure to set your clocks backward one hour on Sunday November 6th!

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OISS FYI

FOR YOUR INFORMATION

Scholars for Ukraine Fundraiser

An initiative co-organized by students at UCSD, Caltech, MIT, Harvard, Yale, Stanford, Cornell is hosting a fundraiser to help small, vetted volunteer groups in Ukraine. Their goal is to provide rapid aid in areas that are not easily reached by larger organizations, focusing on food and medical supplies. Please consider supporting their cause by donating or becoming their UCSD ambassador. For more information, please visit the official website.

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OISS EVENTS

English Conversation Program
Belinda Lu: Health & Wellness

Happy Week 6 International Gauchos. My name is Belinda and I am a Health & Wellness intern with an emphasis on International Student support. I hope you are all taking good care of yourself and are ready for a new week. Health & Wellness and the Women’s Center are located on the first floor of the Student Resource Building. We offer a variety of well-being programs as well as some tea and snacks. Some events we have going on to help you maintain a healthy school-life balance are the following:

Monday: Want to start your morning and a new week with mindfulness? Come join us for a quick Morning Meditation from 9-9:30 am by the SRB bike path.
Monday: Want to build a community and improve your relationships through positive psychology? Come join our Happiness Challenge from 1-2 pm at the Health & Wellness and Women’s Center Community Room.

Tuesday: Do you need a place to unwind and take a break from the academic stress? Come visit our Rejuvenation Station from 3-5 pm at the Health & Wellness and Women’s Center to help yourself with some tea, enjoy 5-minute first come first serve massages, and check out our coloring books and origami-making stations.

Wednesday: As the weather becomes cooler, are you looking for some tasty soup to warm up your body and your mind? Come help yourself with some Wellness Soup starting at 11 am at the Health & Wellness and Women’s Center.

Wednesday, Nov 16th: Feeling stressed about the upcoming finals week, and want to pet some certified therapy dogs? Come to our Dog Therapy Day from 11 am-2 pm outside the SRB patio to enjoy the company of these cute pups.

Thursday, Nov 17th: Do you enjoy eating burritos? Are you interested in learning how to make some creative burritos? Come join us for A Taste of California, Burrito Making Event from 1:30 pm- 2:30 pm at San Clemente Villages to learn how to make burritos and meet other international gauchos.

As we finish up midterms and move towards finals week, please remember to take some time to do something for yourself that makes you feel recharged and relaxed to strengthen your well-being. We are so proud of all your accomplishments. If you have any questions, please feel free to reach out to me through my email Belinda.Lu@sa.ucsb.edu. I would love to hear from you for any future program suggestions or if you just want to make a new friend!
Solidarity with the Iranian Community

-Coffee Hour to Support Iranian Students & Scholars-

November 10th 4pm-5pm
@The Middle Eastern, North African, South Asian Resource Center in the Student Resource Building

Join us for a casual coffee hour to support our Iranian community in light of the current protests and unrest in Iran
Craving a croissant? Desiring a donut? OISS is happy to share the best spots for baked delights in Santa Barbara and Goleta! Pop into one of these nice locations for a nice treat on your next day out this fall.

Renaud’s Bakery & Bistro
A favorite with OISS office staff! We’re big fans of their almond croissants, but we also suggest their amazing array of fruit or chocolate tartes. A great place to grab a simple fresh baked baguette or brownies also! Their brunch is also a hit, be sure to give the French Toast a taste.
(Upper State) 3315 State Street, Santa Barbara 93105
(Downtown) 1324 State Street, Santa Barbara 93101
@renaudspatisserie

Hook & Press Donuts
Offering an exciting and ever-changing menu of donuts! Try exciting flavors such as pumpkin cheesecake, tiramisu or thai tea inspired donuts. Everytime you stop by there will be something new and exciting to try! A downtown SB classic!
15 East Figueroa Street, Santa Barbara 93101
IG: hookandpressdonuts

Lilac Pâtisserie
Lots of delectable treats and bakes, and the best part...they specialize in gluten free goods! Stop in for a slice of their famous cakes, or pop by for their breakfast and lunch selections.
1017 State Street, Santa Barbara 93101
IG: @lilacpatisserie

Alessia Patisserie
Elegant little cafe directly across from the historic El Presidio. Large selection of unique croissants, tarts, French macaron, cookies and coffee. They also serve a nice brunch, but do come early...this cute little shop has limited seating!
134 E Canon Perdido Street, Santa Barbara 93101
IG: alessiapatisserie