1. To be eligible for CPT, you must have been in F-1 student status for at least one academic year (3 quarters). The three-quarter rule does not apply to you if you transferred to UCSB from a school within the United States. You also need to have at least a 2.5 GPA to be eligible.

2. During the academic term, you are only eligible for part-time CPT (20 hours/week). However, the combined total work hours of both on-campus work and CPT are not to exceed 20 hours per week.

3. During break periods between quarters and during the summer break, you are eligible for full-time CPT (up to 40 hours/week). However, the combined total work hours of both on-campus work and CPT are not to exceed 40 hours per week.

4. Throughout your degree program, you are eligible to take part in as much CPT as the curriculum, or your academic department, will permit. However, the CPT authorization cannot go beyond the completion date of your degree program.

5. You can begin your training only after receiving CPT authorization. The authorization cannot be back dated.

**APPLICATION PROCESS**

1. Meet with your major or academic advisor to determine eligibility to enroll in an internship course offered by your major department and to request an advisor recommendation letter.

2. Receive an internship offer letter on official letterhead from the hiring company or organization that meets the following requirements:
   - Name and address of employer (including zip code)
   - Supervisor's name and title
   - Position offered, including a description of the work
   - Specific employment start and end dates (these must match the academic quarter dates in which you'll be performing your internship)
   - Hourly or weekly wage (or specify if the internship will be unpaid)
   - Number of hours per week you will be working

3. You must submit a letter from your advisor that includes the following information on official UCSB department letterhead:
   - Date, Student name and PERM
   - Description of the class, how the internship is an integral part of the curriculum of that particular class, and how specific job duties relate to the coursework.
   - Explain how the internship will be evaluated (for instance, a presentation, paper, or contribute to dissertation research)
   - Advisor's contact information, name, and signature
   - Must contain the phrase "this internship is required for (insert course number),"

4. Submit CPT request form, offer letter, advisor's recommendation letter, and a copy of your class schedule from GOLD, at least 3 weeks before start date of internship. If your start date falls within 2 weeks of submission, we will request a new offer letter showing an updated start date.

5. OISS will provide a new I-20 with CPT authorization on page 2. Please review information for accuracy.
Curricular Practical Training is an off-campus internship that is directly related to your major and is a requirement of a specific course. Please visit [http://oiss.sa.ucsb.edu/student/current-students/current-f-1-students/f-1-employment](http://oiss.sa.ucsb.edu/student/current-students/current-f-1-students/f-1-employment) for additional information. OISS processing time is 2 weeks from the date a completed CPT application is submitted. **You may NOT begin your CPT until you receive authorization from OISS.**

**Family Name:** __________________________   **First Name:** __________________________

**PERM #:** __________________________ **SEVIS ID:** __________________________ **Major:** __________________________

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**Employment Information**

I will be employed on campus during the CPT:  
- [ ] No  
- [ ] Yes, I am working ____ hours/week.

**If I am working on campus during the CPT, I understand that my combined work hours between on campus work and CPT cannot exceed the allowable maximum (20 hours/week during the academic term, 40 hours/week during break periods.)**

The CPT will be:

- [ ] Full-Time (Over 20 Hours per Week)  
- [ ] Part-Time (20 Hours per Week or less)

Please List Dates of Previous CPT:

____________________________________________________________

____________________________________________________________

____________________________________________________________

Please note that you will **NOT be allowed to apply for Optional Practical Training (OPT) if you reach 350 days of Full-Time CPT.**

Explain the main objectives of your employment and how it relates directly to your major:

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

I verify that:

- [ ] My current local address is entered in GOLD
- [ ] My I-20 reflects the correct major and education level (Bachelor’s, Master’s, Doctorate)
- [ ] I have read and understand the rules regarding CPT as explained by OISS
- [ ] I have attached:
  - Letter from employer that meets OISS requirements outlined on back of this form
  - Copy of class schedule showing enrollment in required CPT course
  - Major (Undergraduate) or Academic (Graduate) advisor recommendation form

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**Student Signature** __________________________   **Date** __________________________