



A Proactive Approach to International Student Success

Simran Singh
Director

UC SANTA BARBARA
Office of International
Students & Scholars



Agenda

1

INTERNATIONAL STUDENTS

- National Numbers
- UCSB Numbers

2

INTERNATIONAL SCHOLARS

- National Numbers
- UCSB Numbers

3

INTERNATIONAL SPOTLIGHTS

- Emotional First Aid
- Proactive Approaches
- Academic Success

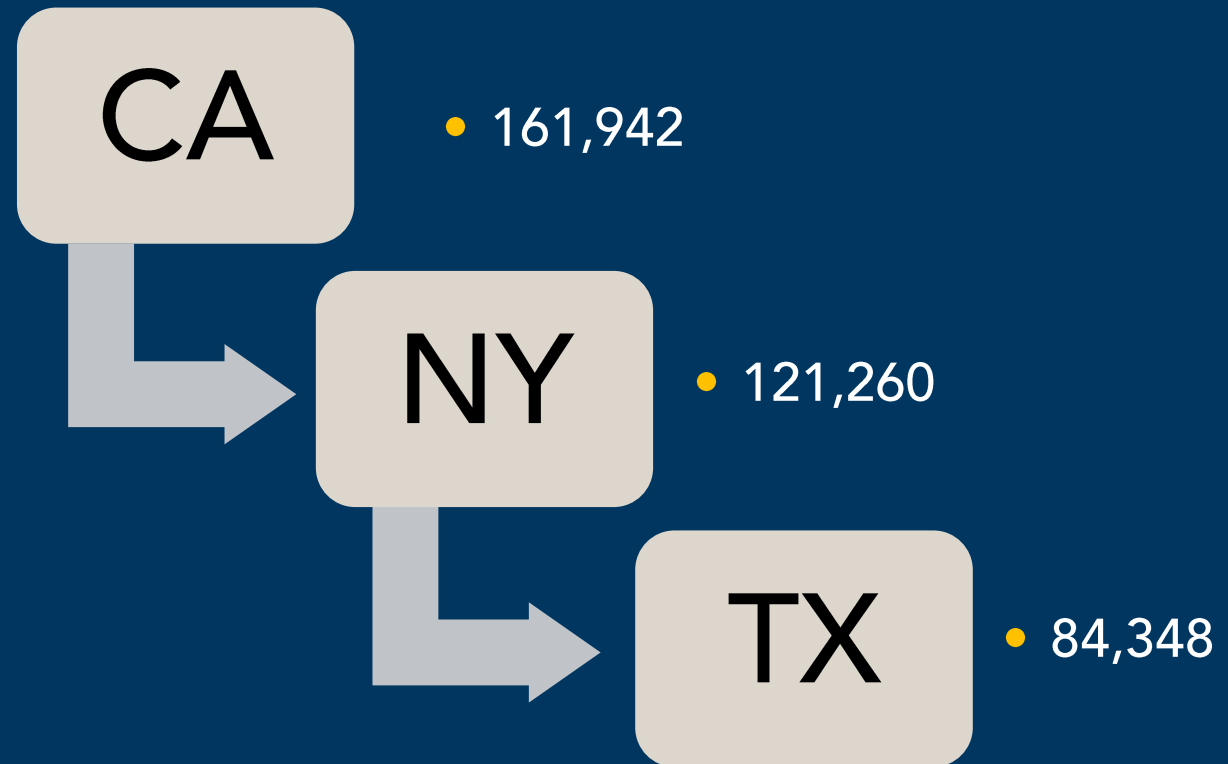
International Students Attending US Universities 2017-2018


891,330



Top 3 US States Hosting International Students 2017-2018

- Large capacity and diverse higher education systems attract international students to CA, NY, TX
- Asians have driven national growth for the 9th year since 2009/10





ANTICIPATED
TOTAL NUMBER OF
INTERNATIONAL STUDENTS
FALL 2019

4,962
92 Countries

UC SANTA BARBARA
Office of International
Students & Scholars

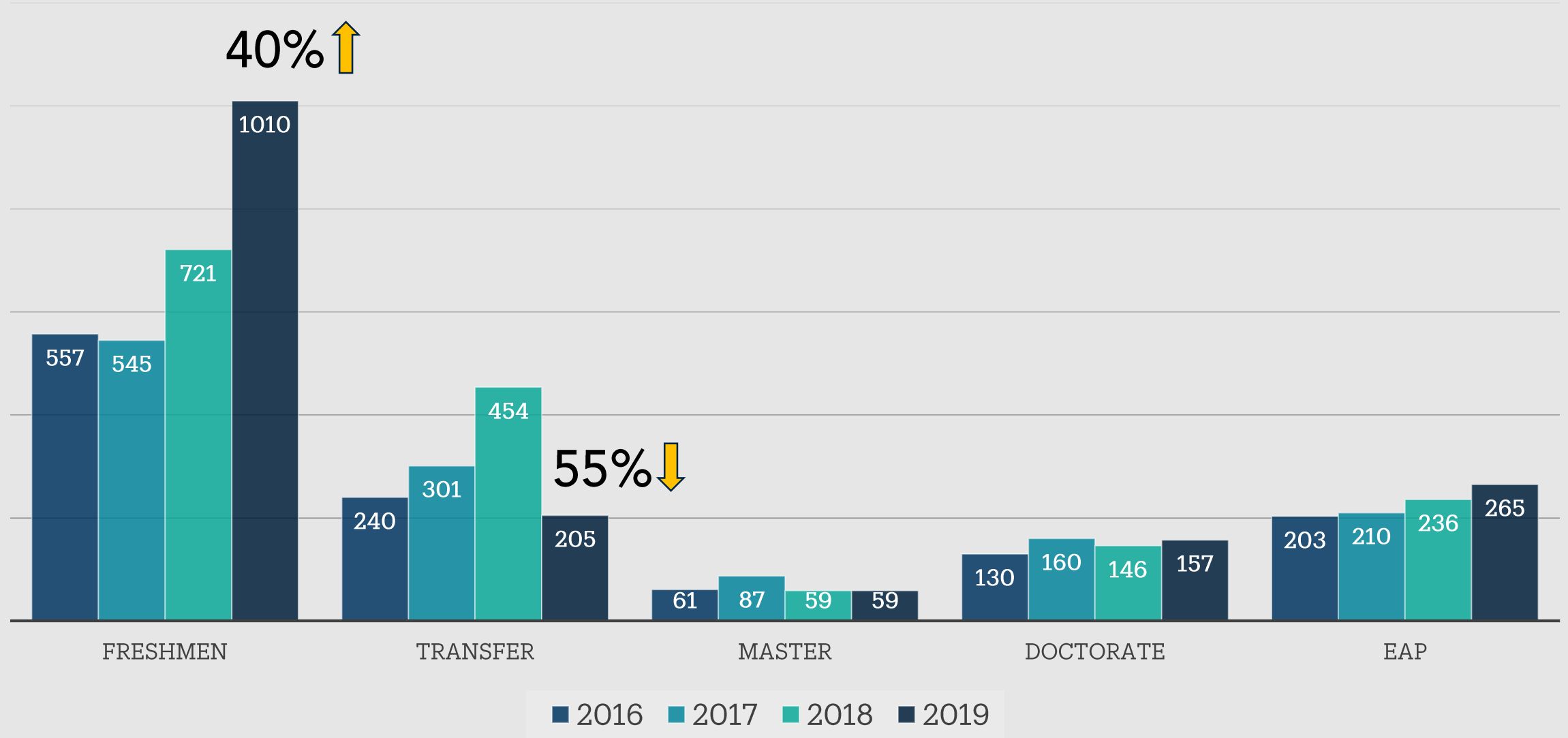
2019 Incoming Class at UCSB

1696

Class	2018	2019
Freshmen	721	1010
Transfer	454	205
Master	59	59
Doctorate	146	157
EAP	236	265
Total	1616	1696

- A significant increase of Freshmen students
- A significant decrease of Transfers students
- An increase of Graduate students
- An increase of Education Abroad students

2016-2019 Incoming Classes at UCSB



Anticipated Top Countries Represented at UCSB 2019

UNDERGRADUATES

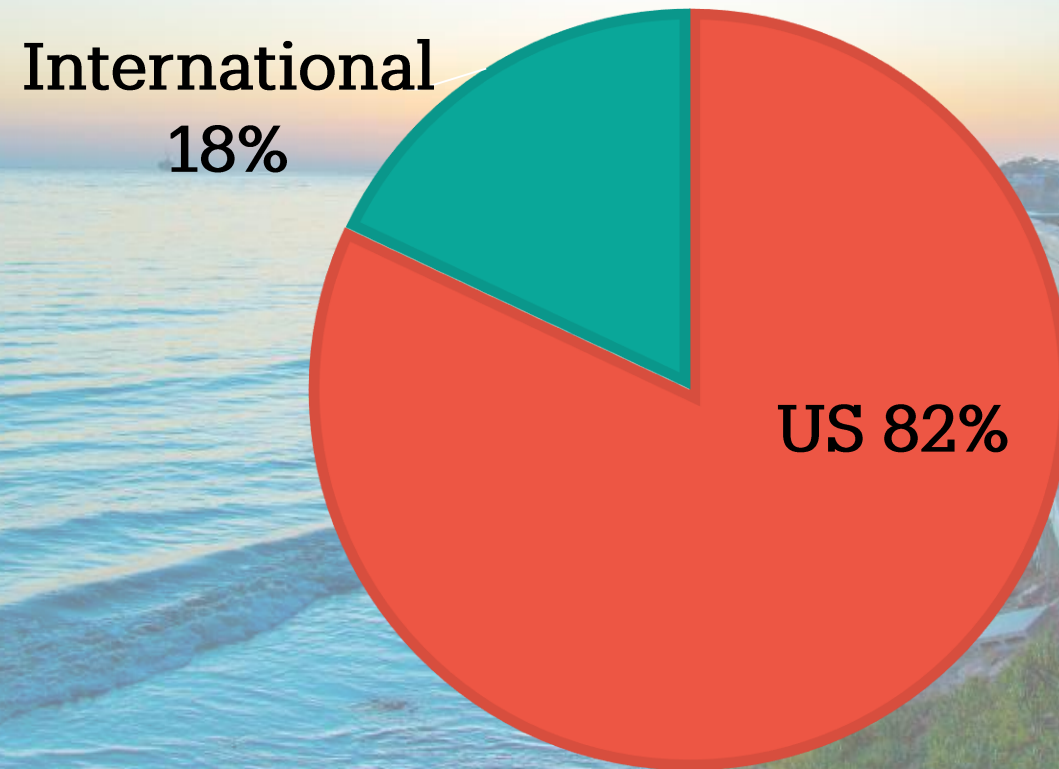
China 3201
Taiwan 79
South Korea 71
Japan 60
Hong Kong 59

GRADUATES

China 397
India 171
South Korea 46
Iran 44
Taiwan 40



UCSB Student Body Break-down 2019-2020



WHO IS CONSIDERED A SCHOLAR??

International faculty, clinicians, researchers and post-doctoral fellows engaged in temporary academic or/and research activities who are hosted at US colleges or universities.



INTERNATIONAL SCHOLARS HOSTED AT US UNIVERSITIES 2017-2018

135,009

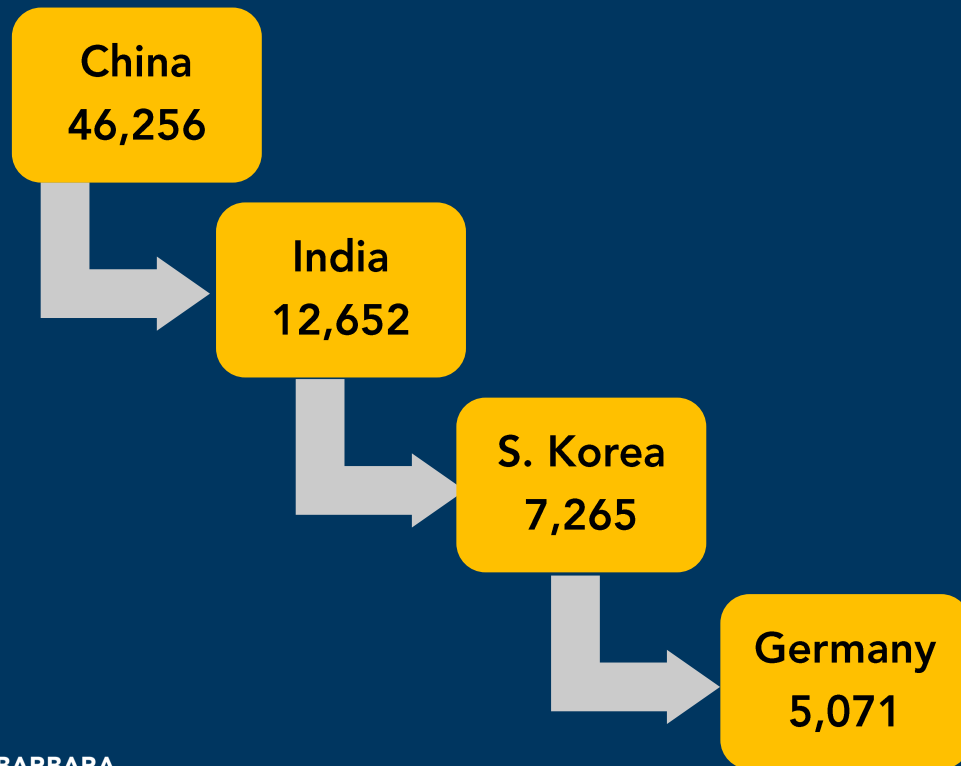
60.3% Male 39.7% Female

- Over 100,000 Are Engaged In STEM
- The Primary Function is Research

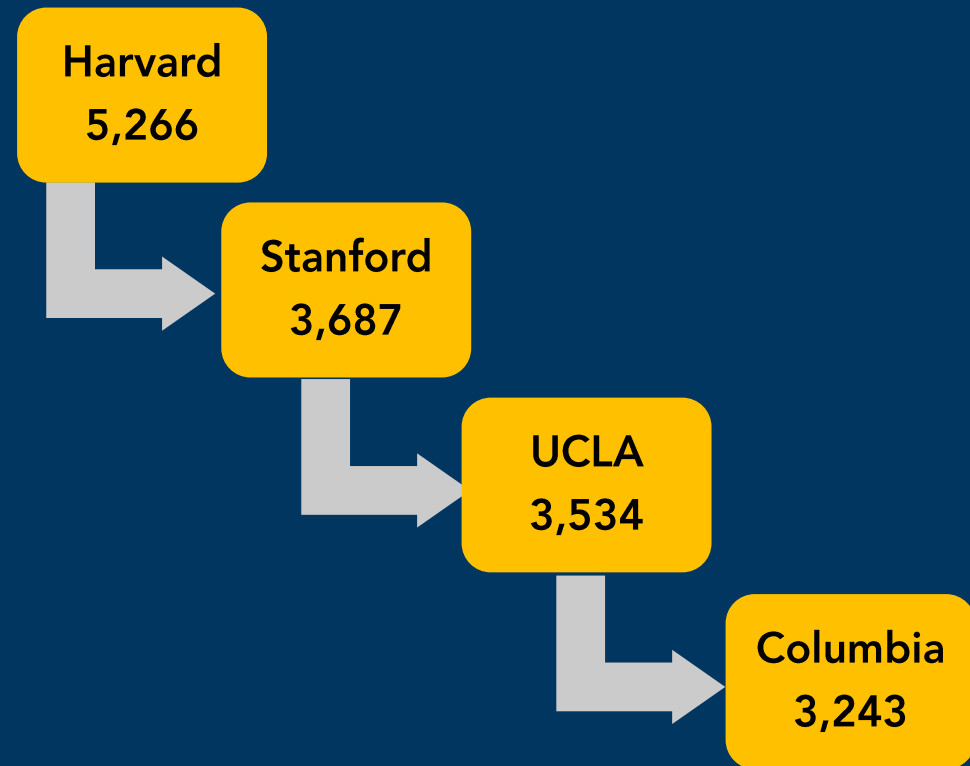


Scholars in the U.S 2017-2018

Top 4 Places of Origin



Top 4 Hosting Institutions



INTERNATIONAL SCHOLARS
HOSTED AT UCSB
2017-2018

718

91% in STEM fields
China & India Largest
Numbers



National Politics Buzzwords 2019

Unlawful
Presence

PORT OF ENTRY
INSPECTIONS OF
ELECTRONIC DEVICES

PUBLIC CHARGE



3-10 YEAR
BANS

H1B APPLICATION
SCRUTINY

INCREASED VISA
DENIALS

Secondary
Inspections

ADMINISTRATIVE
PROCESSING VISA DELAYS

PORT OF ENTRY DENIALS PORT OF DEPARTURE DENIALS

F-1 OPT EMPLOYMENT
ENFORCEMENT

Mental Health: A Global Crisis

National Trends of Proactive Approaches



This Photo by Unknown Author is licensed under [CC BY-ND](https://creativecommons.org/licenses/by-nd/4.0/)

OISS Proactive Approaches



Collaboration and Training with Counseling and Psychological Services (CAPS) on student wellness and self-care



Encourage international students to consider self-care plans



Proactive messaging and advising on immigration policy changes to prepare students for any abrupt changes and the anxiety that it may cause.



Social programming and workshops tailored to international students and scholar needs

National Trends For Addressing Mental Health

- Holistic Approach: Physical and Emotional
- Destigmatize Mental Health
- Emotional First Aid vs Physical First Aid
- Establish Protocols
- Faculty and staff training on Emotional First Aid



UCSB Campaign

See Something.
Say Something.
Do Something.

UNIVERSITY OF CALIFORNIA SANTA BARBARA
Counseling & Psychological Services


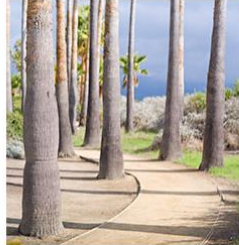


Assisting Students in Distress See Something Say Something Do Something

See Something.

UC faculty/staff and graduate teaching/research assistants are in a unique position to demonstrate compassion for UC students in distress.

Both undergraduate and graduate students may feel alone, isolated, and even hopeless when faced with academic and life challenges. These feelings can easily disrupt academic performance and may lead to dysfunctional coping and other serious consequences.

You may be the first person to SEE SOMETHING distressing in students since you have frequent and prolonged contact with them. The University of California, in collaboration with the California Mental Health Services Authority (CaMHSA), requests that you act with compassion in your dealings with such students.



Say Something.

Students exhibiting troubling behaviors in your presence are likely having difficulties in various settings including the classroom, with roommates, with family, and even in social settings.

Trust your instincts and SAY SOMETHING if a student leaves you feeling worried, alarmed, or threatened!

Do Something.

Sometimes students cannot, or will not, turn to family or friends. DO SOMETHING! Your expression of concern may be a critical factor in saving a student's academic career or even their life.

The purpose of this folder is to help you recognize symptoms of student distress and identify appropriate referrals to campus resources.

UCSB CaMHSA 63 CALIFORNIA MENTAL HEALTH SERVICES AUTHORITY

Spotlights

A person wearing a red jacket, dark pants, and a white helmet is riding a blue bicycle on a paved path. The path is lined with tall palm trees, and their long shadows are cast across the pavement. The background shows a clear blue sky and a distant horizon line.

Education 20I: Academic Success for International Students



Academic Writing for
International
Students



Academic Integrity



Making the best of
Campus Life



Understanding US
Higher Education
Systems

Programming

- International Student Advisory Board
- Global Ambassadors Program
- Presidential Work Study for International Students
- Cultural Programming for the entire UCSB community
- Employment Information Sessions for students and departments
- Customized Information Sessions for Faculty and Staff
- Orientation Programming for students
- English Conversation Program for the entire UCSB community
- California-wide Scholar conference hosted at UCSB Spring 2019

Fall Quarter 2019

FRI SEP 27

6:30 - 7:30 pm

ISAB invites you to Sunset and Snacks

At the end of Del Playa, Sands Beach offers a beautiful sunset view. Come see it.

SAT SEP 28

2:00 - 4:00 pm

ISAB invites you to Picnic Day

Make new friends, play games on the lawn, and get to know other UCSB students!

SUN SEP 29

11:00 am

ISAB invites you to Campus Point Hike

Walk from the Student Resource Building to a campus landmark. A chance to explore.

TUE OCT 1

4:00 pm

Career Services: Internships and Experiences for F-1 Students

Career 1109

THU OCT 3

4:00 - 5:30 pm

ISAB invites you to Tea Party Social

Meet members of ISAB and OISS and enjoy a cup of tea to celebrate your first week of classes.

THU OCT 3

5:00 pm

First Thursday Downtown Artwalk

Visit galleries with art by local artists & listen to live music. A monthly community event.

SAT OCT 5

7:00 pm

ISAB invites you to UCSB Men's Soccer vs. Cal Poly

Come with us to root for the Gauchos!

SUN OCT 6

1:00 pm

ISAB invites you to Explore Downtown Santa Barbara

Take the bus with the ISAB and explore State Street shops and food

MON OCT 7

1:00 pm

Career Services: Finding Internships Training

Career 1109

TUE OCT 8

9:00 pm

ISAB invites you to Trivia Night at Woodstocks Pizza

Fun and games at one of Isla Vista's landmark restaurants.

MON OCT 14

4:00 pm

Career Services: Job Search Strategies for Int'l Students

Career 1109

TUE OCT 15

5:00 pm

ISAB invites you to Lagoon Walk

NOVEMBER 18-22

International Education Week

THU OCT 17

6:00 pm

InTALKnational

Your voice matters! Join us for dinner and interactive discussion. What is it like to be a UCSB international student?

THU OCT 31

3:00 - 4:00 pm

Trick or Treat! Halloween at OISS

Get creative! Create a costume and pick up some candy!

THU NOV 7

5:00 pm

First Thursday Downtown Artwalk

Visit galleries with art by local artists & listen to live music. A monthly community event.

SAT NOV 9

1:00 pm

SB Art Museum and Courthouse Tour

Take the bus downtown for a guided tour of SB landmarks!

MON NOV 11

No Classes Veterans' Day

TUE NOV 19

2:30 - 3:30 pm

International Tea/Coffee Hour

TUE NOV 19

4:00 - 6:00 pm

International Grad Student Reception

WED NOV 20

11:30 am - 1:00 pm

International Food Fest

WED NOV 20

4:00 pm

Career Services: Leveraging Your

THU NOV 21

6:00 pm

Discussion Panel:

The Realities of

FRI NOV 22

6:00 - 8:00 pm

RCSGD Identitea around being

How can you help?

When in doubt contact OISS

Help international students stay enrolled full time

Assure scholars are fulfilling their activity at UCSB

Attend staff/faculty workshops offered by OISS

How can you help? (Cont.)

Encourage

- Student engagement in cultural programming and activities

Encourage

- Inclusive environments/spaces

Encourage

- Respectful dialogue on difficult topics

Be Open

- Openness to other cultures and languages

Thank You
oiss.sa.ucsb.edu

UC SANTA BARBARA
Office of International
Students & Scholars



SOURCES

UCSB See Something, Say
Something. Do Something.

[http://www.sa.ucsb.edu/redfolder/
assisting-students-in-distress](http://www.sa.ucsb.edu/redfolder/assisting-students-in-distress)

Toner, M (May-June 2019) *Mental
Health: At Home and Abroad*,
International Educator

*2018 Open Doors Report: Report
on International Educational
Exchange*, Institute of International
Education